



Safety Training Course Friday, September 17, 2010

Speaker: Ed Scott, Supervisor Gas & Electric Operations Safety, Ameren, IL

Time: 8:30am – 9:30am

Location: FourPoints Sheraton, Fairview Heights, IL

Attendance is complimentary.

Course Description: Ed Scott will be leading a safety course on ergonomics, aging workforce, volunteer stretching, field safety and safestart:

- Ergonomics and types of sprains and strains that can result from improper safety training.
- Aging workforce and the percentage of workers that are 50 years old and above.
- How work has changed, doing more with less.
- The importance of stretching, before, during and after a job. Learn proper lifting and various types of stretches which reduce the likelihood of injury.
- Discussion of field safety job briefings.
- What is safestart and the four states; rushing, frustration, fatigue, and complacency.

Continuing Education Credit (CEU): .1

Company: _____

Attendee(s)

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Tel: _____ Email Address: _____

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Tel: _____ Email Address: _____

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Tel: _____ Email Address: _____

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Tel: _____ Email Address: _____

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Postal Code: _____

Tel: _____ Email Address: _____

Return this form to Midwest ENERGY Association | attn: Janelle Murphy
2119 Cliff Drive | Eagan, MN 55122-3327
Tel (651) 289-9600 x109 | Fax (651) 289-9601

